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2019 RETROSPECTIVE

The scale and the breadth of the humanitarian services provided by MAPS-MCRC continued to expand in 2019. Through the grace and mercy of Allah, we were able to touch the lives of over 13,000 families through our portfolio of interconnected services in the last year and provided over \$750,000 in direct support.

In 2019, MCRC celebrated its 10th year anniversary of serving the community with social and humanitarian needs. We are grateful to the trust of the community and the collaborative partnerships that we have nurtured that allow us to continue our mission. The rewarding personal connections with the clients that we serve and the partners that we work with have enriched the services that we are able to provide over these years

We were also humbled to be recognized by the Alliance of Eastside Agencies as the Faith Organization of the Year for Humanitarian services. MAPS-MCRC applied for and received Human Services Grants from several Eastside cities – Redmond, Kirkland and Issaquah. This was an important milestone and recognition from civic bodies of the work that we are doing in the local community.

2019 STATISTICS OVERVIEW

FOOD ASSISTANCE PROGRAMS

The MAPS-MCRC flagship food assistance programs continued to grow. Over 6000 hot meals were served across 8 different shelters and Tent city encampments on the Eastside. Over 5000 families were provided with food provisions and food cards. We adopted a school in the Bellevue School district and provided meals to the kids there through the Bellevue Backpack Meals program. Our sandwich making program provide over 350 sandwiches each

MAPS-MCRC Report

month at various shelters throughout the year. Working in partnership with the Seattle First Baptist Church, MCRC volunteers are involved in monthly Burrito rolling and distribution to people in need. Separately during last Ramadan, we were able to distribute 1200 food boxes with needed food staples provided to Muslim families during Ramadan along with 2000+ toys and gift cards. We also distributed 150+ goody bags to sick kids at the Seattle Children's Hospital last Ramadan.

SINGLE WOMEN'S SHELTER PROGRAMS

The Single Women's shelter program that started in 2017 added an additional unit in Seattle last year. Now, through the units we operate in Bellevue, Renton and Seattle, we can provide socially and culturally appropriate transitional housing for up to 15 single women at a time. We were also able to transition 25 + women from this transitional housing program to permanent housing. Our partnership with The Sophia Way continued to strengthen in 2019. MAPS-MCRC is one of the key partners for The Sophia Way in the project to build a permanent shelter for single women in Kirkland, WA. At our annual Thanksgiving event we were able to raise \$250K towards this project as well as to expand our women's shelter programs. We are greatly appreciative of everyone's support and generosity for this cause.

MAPS-MCRC MEDICAL CLINICS

The MAPS-MCRC medical clinic has served 350+ patients served in the 3+ years of operation. The clinic now also provided online providing tele-health consultations to families who need to see a doctor. The plans for expansion to a full-time clinic on hold due to lack of space at MAPS.



**“We are humbled
by the support of
the community and
donors who have
stepped up to help
us during this time.”**



MAPS-MCRC LEGAL CLINICS

The MAPS-MCRC legal clinic was recognized by our partner the Middle Eastern Legal Association of Washington for its services in providing free legal consultation to the most vulnerable in our communities. The clinic Completed 3 years of operation in collaboration with the Middle East Law Association and the King County Neighborhood Legal clinics. Over 100+ clients took advantage of free legal consultation around immigration, family law, estate planning and other services.

MAPS-MCRC SENIOR PROGRAM FOR WOMEN (GOLDEN TIMES)

MAPS-MCRC Senior Program for Women (Golden Times) expanded its services. 350+ Senior women of all faiths participated in various programs throughout the year. A Book club and Knitting club has now also been established. Social activities and schedule of outdoor events now included as part of the program. In addition to social interaction, our seniors also are involved in service projects. Over 200+ scarves, hats and other items hand made by seniors in this program were donated to the Seattle Children's Hospital.

MAPS-MCRC REFUGEE PROGRAM

MAPS-MCRC Refugee Support Programs was able to furnish 110+homes through donations from the furniture warehouse. 18+ refugee families matched to local host families through the Adopt a Family program.

MAPS-MCRC VEGETABLE GARDEN

MAPS-MCRC Vegetable garden is now maintained at MAPS and at other locations by MAPS-MCRC volunteers. The produce grown in these vegetable patches are donated to local food banks.

MAPS-MCRC FUNERAL SERVICES

MAPS-MCRC Funeral Services conducted 60+ janazza Ghushls conducted. 14 charity cases handled where MAPS-MCRC took care of all costs – transport, burial plot and other services.

MARRIAGE & FAMILY COUNSELING

20+ sessions of counseling provided to support substance abuse, domestic violence and marriage issues.

HOW WE CHANGED WITH COVID-19

Our COVID-19 response services fall under these broad categories;

RENT AND UTILITY ASSISTANCE

We are already seeing increased call volumes from individuals and families - especially those working in hourly jobs - who have been impacted by the shutdown caused by the virus. These individuals and families are looking for emergency rental and utility assistance that will allow them to remain in their homes and pay for utilities.

Many of the requests for assistance that we have received come from immigrants and refugees, including recent arrivals. Some of them have lost their income from the gig economy (like Uber/Lyft drivers) and are unable to support their children or families. The immigrants/refugees who reach out to us often do not have the proper information about what is happening with COVID-19 in a language they can understand, and do not know where to go for assistance from other sources. Our services support all, regardless of language ability, national origin or documentation status.

FOOD ASSISTANCE

Families needing food assistance continue to be served through MAPS-MCRC. We are providing emergency staple foods, grocery cards and giving them cards to buy halal or meet other dietary restrictions if need. We are also providing food to families through our partnership with the Bishops Warehouse Food Pantry operated by our partner Church of Jesus Christ of Latter Day Saints.

As school districts close, many kids who used to be dependent on subsidized meals are facing a lack of food. We have been contacted by many school districts asking us to provide



OUR 2020 COVID-19 RESPONSE

As COVID-19 spread in our communities, MAPS-MCRC has mobilized additional resources to support those facing hardships in these unprecedented times. The infrastructure and capabilities that MAPS-MCRC had already established helped us in quickly responding to the humanitarian crises that has unfolded during the pandemic.

vide basic food and hygiene items for the kids in their school. We helped over 600 kids in the Bellevue School District with kits provided by our partner Kits for Peace.

We are also coordinating volunteers who can purchase and drop off food at the homes of families with elderly, sick and those who are quarantined or in self-isolation.

We are continuing our hot meal programs to local shelters and tent city encampments during this time of crisis. We are catering from local restaurants to support them financially. Our team of volunteers pick up and drop off meals at local shelters and tent city encampments.

The 2020 Ramadan food program is underway. We have doubled our food delivery to reach out to more families than we were able to help last year.

ASSISTING THOSE IN NEED



PRESCRIPTION AND MEDICATION ASSISTANCE

We are assisting those impacted by the COVID-19 virus with any emergency medical supplies they need, including prescribed medications or over-the-counter medication.

SENIORS AND SINGLE WOMEN

MAPS-MCRC has a regular program for seniors in the community, which we call “Golden Times.” Keeping in mind that the senior demographic is vulnerable to this virus, we have launched an initiative to proactively reach out to seniors in the community to check on their well-being and provide them resources if they have any health concerns (including emotional and moral support).

MAPS-MCRC MEDICAL CLINIC

The clinic has moved online. The clinic is able to provide telehealth services (free of charge) for those in need of healthcare during this time. This includes wellness exams and prescription refills. We are providing primary care services for adults and children as well as out-patient neurology services. Scheduling an appointment is easy: please register here and you will receive a confirmation email from the clinic. The clinic also donated medical supplies and PPE to several organizations on the frontlines of keeping us safe during this time.

MAPS-MCRC LEGAL CLINIC

The clinic has also moved online. The MAPS-MCRC legal clinic is able to provide free legal consultation to those needing legal consultation.

MAPS-MCRC FUNERAL SERVICES

We have implemented a requirement for a certificate of “Non communicable disease” to be provided when using the MAPS facility for washing and shrouding deceased Muslims. We have also engaged with the King County Coroner’s office, First Call Plus that provides transport, and our Imams to discuss the protocol to use for washing and shrouding deceased Muslims. We have also engaged with the King County Coroner’s office, First Call Plus that provides transport, and our Imams to discuss the protocol to use for the washing and shrouding of a Muslim patient who dies from the virus. We have implemented prudent procedures that will conform to Public Health safety guidelines while following our religious rulings in these difficult times. We are grateful to our team of volunteers who still make themselves available to provide this needed humanitarian service



250
people fed at our Annual Thanksgiving Dinner

DID YOU KNOW?



300
Meals served at 6 shelters a month



2,000+
Families impacted by our services



750
People benefited from our food & gas card Programs



6 VOLUNTEER PHYSICIANS, 3 REGISTERED NURSES & A TEAM OF MEDICAL ASSISTANTS AT OUR MAPS-MCRC MEDICAL CLINIC.

MAPS-MCRC

2019 Programs Overview



Food Programs

4400+
food & gas cards distributed

1041+
families assisted

4200+
hot meals served



Ramadan & Eid

2000+
food boxes distributed

2000+
toys and gift cards distributed

150+
goody bags distributed at
Seattle Children's Hospital



Homelessness Prevention

600+
families provided with rent
& utility support

45+
families prevented from
being evicted



Legal Clinic

3+
years of operation in collabo-
ration with Middle East Law
association and King County
Neighborhood Legal clinics

100+
clients assisted



Senior Program for Women

350+
senior women benefited

200+
scarves, hats and other items
made by seniors donated to
Seattle Children's Hospital



Refugee Support Program

110+
homes furnished through
donations

18+
refugee families matched to
local host families through
Adopt a Family program



Women's Shelter

14
beds added across 3 locations

One Unit
added to the program

Fundraiser
raised funds to support The
Sophia Way shelter



Marriage & Family Counseling

20+
sessions of counseling
provided to substance abuse,
domestic violence and
marriage issues



Medical Clinic

350+
patients served

3+
years of successful
operation



Vegetable Garden

Veggie Patch
maintained at MAPS & at other
locations

Produce Donated
from these patches to local
food banks



Funeral Services

60+
janazza ghusuls conducted

14
charity cases handled whee
MAPS-MCRC took care of all
costs



and More!

Future
more programs will be added
and more people will be served
inshallah!



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-Nickhath Sheriff, MAPS-MCRC Founder & CEO